



Lunch Menu

NIBBLES

Forge House Bakery sourdough with salted butter (gfa) 🌱 🥛	5
Freshly baked focaccia with beetroot and tahini, black olive tapenade (gfa) 🌱 🌿	5
Bowl of house marinated olives	5

STARTERS

Charred English tenderstem broccoli, lemon houmous, crispy chickpeas, dukkah (ve) 🌱 🌿 🥛 🥛	10
Monkfish, crab and coley "scampi", English asparagus, peas, citrus butter, gribiche 🥛 🌱 🥞 🥞 🥛 🥛	12/22
Cotswold beef tataki, pickled garden radish, aubergine satay, green chilli and coriander 🥛 🥛 🌿 🌱 🌱	12
Twice baked Montgomery cheddar cheese soufflé, walnut, watercress and apple 🌱 🥛 🥛 🥛 🥛	11
Homemade soup of the day with freshly baked homemade focaccia (ve, gfa) 🌱 🌱	9

MAINS

Roast Cotswold White chicken, beans, spinach, wild garlic, confit carrot, tarragon sauce 🥛 🌱 🥛	24
Asparagus and Jersey Royal vol-au-vent, wild garlic, egg, leek and flat leaf parsley sauce 🥛 🌱 🥛 🌱	19
Sustainably-sourced market fish, St Austell bay mussels, Jersey Royal, asparagus, cucumber 🥛 🥛 🌱 🥞 🥞 🥛	26
Roast courgette tart, chickpeas, English tenderstem broccoli, green bean gremolata (ve) 🥛 🌱 🌱 🌱	19
Pea and broad bean arancini, Isle Of Wight tomato, burrata, romesco 🥛 🥛 🥛 🥛 🌱 🌱	20

SIDES

Skin on fries with roast garlic aioli 🥛 🥛 🥛	5
Sautéed organic greens 🥛	5
Jersey Royal potatoes 🥛	6
North Aston leaf salad, mustard seed vinaigrette 🥛 🥛	5

ve - vegan, vea - can be made vegan friendly, gfa - gluten free alternative available
Please turn over for our full allergen information

Allergen and Dietary Information

If you have a food allergy, please ask a member of staff for advice before ordering. We cater for all dietary requirements where possible and will endeavour to change dishes to suit and can offer gluten free bread alternatives from Knife and Fork Bakery in Deddington, just ask your server.

Be aware we are not a nut and gluten free kitchen; we unfortunately cannot guarantee there will not be traces in our dishes. Our fryers are shared but we do separate fish products and do not cook gluten in them.

Please note some of our cheese may not be suitable for vegetarians, please ask a member of staff for more information.

Although thorough care has been taken, small bones may remain in fish dishes and shot in game.

Our menu is labelled with the following allergens in our dishes:



Contains Gluten



Contains Dairy



Contains Sesame



Contains Mustard



Contains Crustacean



Contains Fish



Contains Eggs



Contains Sulphites



Contains
Celery/Celeriac



Contains Peanuts



Contains Nuts



Contains Soya



Contains Lupin



Contains Molluscs

Wherever possible, our food is either foraged, locally-sourced or harvested from our own kitchen garden. By using suppliers like North Aston Organics and North Aston Dairy, we aim to keep our food miles low. We support local farmers, day boat fisherman and use seasonal produce to bring you fresh, sustainably sourced food all year round. Please see our suppliers board for more information on who we work with. Please be aware, given that we are a small team that cook each dish fresh every day, there may be a slight wait at peak times.

This menu is printed on 100% recycled paper.

  @theyurtatnicholsons

